



Dr. Ina Cummings: Winner of the 2016 CSPCP Lifetime Achievement Award

The Canadian Society of Palliative Care Physicians (CSPCP) is pleased to award the 2016 Canadian Society of Palliative Care Physicians Lifetime Achievement Award to Dr. Ina Cummings, in recognition of her sustained and lasting contribution to palliative medicine and to the CSPCP.

Dr. Cummings was a founding member of the CSPCP and one of its early Presidents. She has been a national leader in palliative care since the first days of the practice of palliative care in this country, she has inspired us with an innovative vision of whole person care and palliative medicine within the interdisciplinary team.

Her many career achievements include:

- Working tirelessly to develop a clinical model for palliative care in a university teaching hospital setting
- Co-editing the first Canadian manual of palliative care
- Writing numerous articles and speaking frequently on the subjects of pain and symptom management.
- Being a founding member of the CSPCP and one of its early Presidents
- Being a founding member of the CHPCA board of directors
- Co-chairing the CHPCA Standards Committee with Dr. Frank Ferris that produced *Palliative Care: Towards a Consensus in Standardized Principles of Practice* (1995).
- Working with Dr. Balfour Mount to pioneer palliative care in Canada at the Royal Victoria Hospital in Montreal, Quebec.
- Receiving the CHPCA Award of Excellence in 1997
- Receiving the Award of Merit from Bishop's University 1992, and an honorary degree of Doctor of Civil Laws in 1997.

In summary, Dr. Ina Cummings has made an outstanding contribution to the advancement of palliative care in Canada. In addition to personally caring for many patients and families, she paved the way for growth of palliative care and palliative medicine in this country. We are grateful to her for her pioneering spirit, tireless dedication, warmth and wisdom. It is our pleasure to honour her with this award.